

## Patient Exclusion Criteria

**PATIENTS WHO HAVE ANY OF THE FOLLOWING CONDITIONS ARE TO BE REFERRED FOR THE APPROPRIOTE PROCEDURE IN A HOSPITAL SETTING**

**Age <18 or >85**

**Weight >350lbs/157 kgs**

**BMI >45**

**Patient requires General Anesthesia for Endoscopy/colonoscopy**

**Patient unable to consent**

**Patient unable to cooperate with procedure positioning instructions**

**ASA >2**

### **GASTROINTESTINAL**

Obstruction

Evidence of active infection, severe colitis, severe or acute Diverticulitis

Active Bleeding

Radiation colitis

Known stricture

Acute Ischemia

Pseudo obstruction

End stage liver disease

### **CARDIOVASCULAR**

Mechanical Heart Valve

MI/CHF within last 6 mths

Cardiac stents within last 12 months

Implanted Cardiac Defibrillator

Any Cardiac condition in which the blood thinner cannot be safely stopped and/or requires

Bridging

### **RESPIRATORY**

**Airways concerns: Discuss with Anesthesia**

Known or suspected difficult airway

Unable to open mouth adequately for oral airway

CPOD with FEV1 < 1.0

Home O2

Sleep Apnea \*\*\*please see notes below

### **HEMATOLOGY**

Coagulopathy INR >1.5, Platelets <75

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## **OTHER**

End Stage Renal Failure, not stable on Dialysis

## **CHEMOTHERAPY**

Patients on active Chemotherapy are to be referred to the hospital

## **OTHER CONSIDERATIONS**

### **SLEEP APNEA**

#### **Diagnosed sleep apnea:**

Home CPAP compliant: Instruct patient to bring CPAP machine with them

Home CPAP Non-Compliant: Educate patient re Importance of using CPAP, and to bring machine with them

#### **Suspected Sleep Apnea:**

Recommend family doctor refer patient for sleep study

### **DIABETES:**

**OZEMPIC: to be held at least one week and preferably 2 weeks ahead of procedure**

Patients must have an acceptable plan for management of blood sugars during prep and procedure.

See full article on Diabetes management

#### **General Guidelines:**

Oral hypoglycemics to be held during prep and day of procedure

PM long-acting Insulin: reduce dose by half

Hold morning insulin on day of procedure

Book patient in first time slot

### **ANTICOAGULANTS**

See the GHA Education article on Anticoagulants and Endoscopy